

The Pulse Café
195 Elm Street
Somerville, MA 02144
617-625-1730
www.thepulsecafe.com

About 80% of our menu is organic. We purchase seasonal produce from local organic farms, including Red Fire Farm, Enterprise Farm, Hutchins Farm, and Blue Heron Organic Farm.

All items marked NG are made without gluten containing ingredients. Although we try our hardest to prevent cross contamination, be aware that we use gluten containing products in our kitchen.

Starters

Nachos - Small Plate \$7.00 Large Platter \$11.00

(Contains Nuts)

Corn Tortilla chips, Cashew Jack, Refried Beans, Tomato Salsa, Ume Sour Crème and Jalapeños.
Add Guacamole \$2.00.

“Buffalo” Tofu Bites \$7.00

Cubes of breaded marinated Tofu tossed with a spicy Buffalo Sauce.
Served with our Chunky Miso Dressing and Celery Sticks.

Caesar Salad \$7.00

(Contains Nuts)

Romaine, Red Onions, Chickpeas, Garlic Croutons with a Creamy Caesar Dressing.

Farmers Market Salad \$7.00 NG

A daily selection of Fresh Seasonal Greens and Vegetables from local organic farms.
Served with our House Dressing.

Entrees

Barbecue Platter \$13.00

Our Seitan simmered in a sweet and tangy Peach Barbecue Sauce.
Served with Cole Slaw, Corn Bread and Corn Bread.

Polenta Caponata \$12.00 NG

Savory squares of grilled Polenta covered with a fresh summer Caponata.
Served with White Bean Ragu and Kale.

Primavera \$13.00

A sauté of Fresh Seasonal Local Vegetables tossed with Basil Pesto and Spaghetti.
Served with Olive Oil and Herb Infused Tofu Medallions.

Paella \$15.00

Our version of this classic Spanish dish features an array of sautéed Seasonal Vegetables, Seitan Chorizo, Smoked Tofu and Artichoke Hearts.
Served with Saffron and Tomato Infused Brown Rice.

Tempeh Reuben Sandwich \$12.00

Grilled Smoky Apple Marinated Tempeh, Sauerkraut, and Thousand Island Dressing on Marble Rye Bread. Served with Farmers Market Salad.

Drinks

Smoothies 16oz \$5.00

Maine Root Soda \$2.50

Root Beer, Mandarin Orange, Blueberry, Ginger Brew

Organic Teas \$2.00

An 18% gratuity will be added to your check for parties of five (5) or more. Please let your server know if you will need separate checks at time of seating. Thank you!